

## CONFERENCE PROGRAM

Tuesday June 7<sup>th</sup>, 2022

Time	Session	Speaker	Title
9:30am	Welcome	<b>Les Jacobs</b> , VP Research <i>Ontario Tech University</i> <b>Shilpa Dogra</b> <i>Ontario Tech University</i>	Welcome  Our age-friendly university
10:00-12:30	Student Talks	<b>Andrea Mayo</b> , PhD Student Supervisor: Olga Theou <i>Dalhousie University</i>	Do associations between physical activity, sedentary behaviour, and frailty differ by which frailty tool is used?
		<b>Maria Fuentes Diaz</b> , Masters Student Supervisor: Danielle Bouchard <i>University of New Brunswick</i>	Online exercise programs for older adults: what is offered and what are the potential benefits- a scoping review.
		<b>Farzana Rahman</b> , Masters Student Supervisor: Winnie Sun <i>Ontario Tech University</i>	The feasibility, acceptability, and usability of seated Tai Chi Exergame among frail older adults with Parkinson's disease and/or mild dementia: A pilot study
		<b>Jamie McCain</b> , Masters Student Supervisor: Danielle Bouchard <i>University of New Brunswick</i>	A case study on the acceptability of a standing intervention among residents in long-term care settings
		<b>Brianna Leadbetter</b> , Masters Student Supervisor: Danielle Bouchard <i>University of New Brunswick</i>	Usage of outdoor gyms by older adults living in New Brunswick
		<b>Nicholas O'Rourke</b> , Masters Student Supervisor: Shilpa Dogra <i>Ontario Tech University</i>	Salivary and plasma capillary IL-8 concentrations after prolonged and interrupted sitting
		12:30-1:30pm	Lunch
1:30-3:30pm	Workshop	<b>Jennifer Copeland</b> , <i>University of Lethbridge</i> and <b>Danielle Bouchard</b> , <i>University of New Brunswick</i>	Reaching knowledge users: how to embrace opportunities and avoid pitfalls
3:30-4:30pm	Keynote	<b>Joshua Wyman</b> <i>Ontario Tech University</i>	Older adult safety: A discussion of the training needs of Ontario health professionals for increasing disclosures of older adult maltreatment



Tuesday June 8<sup>th</sup>, 2022

Time	Session	Speaker	Title
9:30am	Keynote	<b>Catherine Amara</b> <i>University of Toronto</i>	Low volume, low intensity power training improves function in older women: so what?
10:15-12:30	Student Talks	<b>Jack Quach</b> , Masters Student Supervisor: Olga Theou and Scott Kehler <i>Dalhousie University</i>	The impact of frailty on long-term cardiac rehabilitation outcomes
		<b>Mohammad Keshavarz</b> , PhD Student Supervisor: Danielle Bouchard <i>University of New Brunswick</i>	The impact of an online delivery circuit training and adherence to the physical activity guidelines: A randomized controlled trial of men living with obesity
		<b>Sarah Pistrutto</b> , Masters Student Supervisor: Winnie Sun <i>Ontario Tech University</i>	Stimulating neuroplasticity in mild to moderate dementia patients: An RCT ZUMBA and cognitive stimulation intervention
		<b>Haley Dennis</b> , Masters Student Supervisor: Jennifer Copeland <i>University of Lethbridge</i>	Test-retest reliability of the new Index of Sedentary Screen Time
		<b>Irmina Klicnik</b> , PhD Student Supervisor: Shilpa Dogra <i>Ontario Tech University</i>	Neighbourhood greenness, active living environment, and chronic conditions: An analysis of the Canadian Longitudinal Study on Aging
12:30-1:30pm	Lunch		
1:30-2:30pm	Workshop	<b>Andrew Putman</b> <i>Ontario Tech University</i>	Introduction to R
2:30-3:30pm	Workshop	<b>Shilpa Dogra</b> and <b>David Rudoler</b> <i>Ontario Tech University</i>	Large database analysis faux pas: Things Shilpa does that David frowns upon
3:30-4:00pm	Closing	<b>Shilpa Dogra</b> <i>Ontario Tech University</i>	Where do we go from here?

